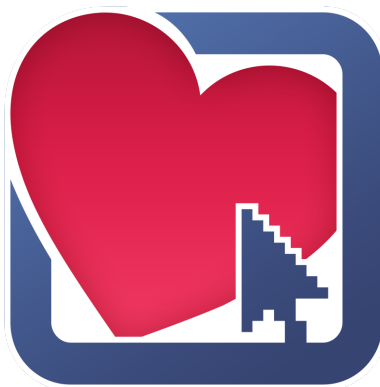


# **Capture His Heart: And Make Him Love You Forever 2.0**

## **Wake Up Gorgeous Hour 8: Worksheet**

**by Claire Casey**



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# Wake Up Gorgeous Hour 8 Worksheet

## **Your fabulous life**

Okay, you've taken in the lessons of this section about letting him see you living your fabulous life. What, specifically, do you need to remember in each area? Go through the list below and make your notes...

Also, I've included a little affirmation for you in each area that you can use as encouragement and support as you work on your fab!

### ***1. Mental fabulous***

My notes to remember:

A little encouragement:

I am becoming a healthy, happy woman who takes interest in and engages with the beautiful world around me. Even though I go through difficult times, I accept change, maintain inner balance, and I am choosing my course in life.

### ***2. Time and friend fabulous***

My notes to remember:

A little encouragement:

I am capable and loved, and I have friends and resources to help me feel balanced and strong. I consider the effects of my actions on the others around me, and I live with respect and honor the gifts I've been given.

### ***3. Money and success fabulous***

My notes to remember:

A little encouragement:

The possibilities for my success are limitless! I live in peace and prosperity in every way I can, and I have the strength and ability to build a future for myself by doing work that I love – work that builds and nourishes my soul.