

# **Capture His Heart: And Make Him Love You Forever 2.0**

## **Wake Up Gorgeous Hour 2: Worksheet**

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# Wake Up Gorgeous Hour 2 Worksheet

**Ooooo, this is gonna feel GREAT!**

Okay, you saw the list of 51 ideas for turning your life into a sensuous pleasure pagoda and maintaining your healthy, sexy inner grin...

Now I have a question for you. Which ones are you going to DO this week? And next week?

**This week I will treat myself to these 3 sensual delights:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**“Me” treats I’m planning for in the next week:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Don't you just love this part? More lovely goodies coming your way!